



American Red Cross

April 29th – May 4th

Anchor Bay School District Aquatic Programs

52401 Ashley New Baltimore MI. 48047 Call: 586-716-4623 Email: Abs_aquatic_rec@abs.misd.net

Programs & Schedule can change based on interest, low enrollment, school use needs; academic or AB athletics.

Information and Registration are available at: <https://apm.activecommunities.com/absdcommrec>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM – 11:00 AM Adult Meter Lap Swim and Adult Shallow	Coast Guard Use ONLY 7:00 AM -- 9:00 AM	6:00 AM – 11:00 AM Adult Meter Lap Swim and Adult Shallow	Coast Guard Use ONLY 7:00 AM -- 9:00 AM	6:00 AM – 11:00 AM Adult Meter Lap Swim and Adult Shallow	Open Lap Swim 8:00 AM – 12:00 PM
<u>Shallow Water Aerobics 8:30 AM - 9:30 AM</u>	Silver Sneakers Land Class 8:30 AM -- 9:20 AM	<u>Shallow Water Aerobics 8:30 AM - 9:30 AM</u>	Silver Sneakers Land Class 8:30 AM -- 9:20 AM	<u>Shallow Water Aerobics 8:30 AM -- 9:30 AM</u>	<u>Shallow Water Aerobics 8:30 AM -- 9:30 AM</u>
<u>CLOSED For School Use 11:00 AM – 5:30 PM</u>	9:30 AM – 11:00 AM Adult Open Lap and Shallow	<u>CLOSED For School Use 11:00 AM --5:30 PM</u>	9:30 AM – 11:00 AM Adult Open Lap and Shallow	<u>CLOSED For School Use 11:00 AM – 5:30 PM</u>	Swim Lessons!!! 9:00 AM—12:00
<u>Water Aerobics 6:00PM-7:00PM</u>	<u>CLOSED For School Use 11:00 AM – 5:30 PM</u>	<u>Water Aerobics 6:00PM-7:00PM</u>	<u>CLOSED For School Use 11:00 AM – 5:30PM</u>	6:00 PM – 8:00 PM All ages Open Lap and Shallow Swim	
6:00 PM – 8:00 PM All ages Open Lap	Closed for the SWIM MEET PLEASE COME SUPPORT!!	6:00 PM – 8:00 PM All ages Open Lap	Closed for the SWIM MEET PLEASE COME SUPPORT!!		
7:00PM—8:00PM Shallow Swim		7:00PM—8:00PM Shallow Swim			

Dryland Silver Sneakers Classes: Call Health Care Provider to See if You Qualify for Silver Sneaker/ Tivity ~ *

Drop in Fees	Memberships	Birthday Party Rental	25 Max	Program Registration	Per Session
Adult Lap	Annual	Friday Night (2 hrs)	\$200	Swim Lessons	\$40 - \$60
Student/ Military	Monthly	Saturday Afternoon 12 - 2	\$250	Swim Conditioning CLUB	\$200
Water Aerobic	Family 1 Month	Private Sat. 2-hr. block	\$300	Pre-Club	\$200
Family Open Swim	20 Visit Punch Card (valid one year)			6 month Membership	\$150