



Introductions



- Lindsay Ahedo (A-L)
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 - 17th year in education; 7th year as School Counselor
 - 1st year at AB MS North



- Jonathan Hickey (M-Z)
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 - 21st year in education; 17th year as a School Counselor.
 - 2nd year at AB MS North

2023-2024 ABMSN Timeline

- Q2/S1 January 26
- Q3 April 5
- Q4/S2 June 7
- [MS North - Schools - Home \(misd.net\)](https://www.misd.net)



Anchor Bay School District
2023-2024 School Year Calendar
 (Subject to Change)

Aug. 29	Professional Development Day - No Students in Attendance
Aug. 30	Professional Development Day - No Students in Attendance
Sept. 5	Student First Day - Half Day for all Students, PM Teacher Work Day
Nov. 3	End of First Quarter
Nov. 7	No School - Election Day
Nov. 10	Half Day Elementary Students
Nov. 17	Half Day All Students
Nov. 20 - 21	Professional Development Day - No Students in Attendance
Nov. 22 - 24	No School - Thanksgiving Break
Nov. 27	School Resumes
Dec. 25 - Jan. 2	No School - Winter Break
Jan. 3	School Resumes
Jan. 15	No School MLK Day - Teacher Professional Development Day
Jan. 24	Half Day Middle School and High School, PM Teacher Records Day
Jan. 25	Half day for all Students, PM Teacher Records Day
Jan. 26	Half day for all Students, End of Second Quarter & End of First Semester
Feb. 16 - 19	No School - Mid-Winter Break
Feb. 20	School Resumes
March 25-April 1	No School - Spring Break
April 2	School Resumes
April 5	End of Third Quarter
May 8	Professional Development Day - No Students in Attendance
May 27	No School - Memorial Day
June 5	Half Day Middle and High School, PM Teacher Records Day
June 6	Half Day for all Students, PM Teacher Records Day
June 7	Last day of School – Half Day for all Students, End of 4 th Quarter & End of Second Semester

Grading Policy

How Grades are Calculated

Grading Scale

A = 93 – 100

A- = 90 – 92

B+ = 87 – 89

B = 83 – 86

B- = 80 – 82

C+ = 77 – 79

C = 73 – 76

C- = 70 – 72

D+ = 67 – 69

D = 63 – 66

D- = 60 – 62

F / Failing = 59 and below

Citizenship

O Outstanding

S Satisfactory/ Good

N Need Improvement

U Unacceptable

CR = Credit

NC = No Credit

I = Incomplete

	1 st / 3 rd Quarter	2 nd / 4 th Quarter	Exam		Weighted Grades
6 th Grade	47.5%	47.5%	5%	6 th Grade	Tests/Quizzes 45%, Homework/other 55%
7 th Grade	45%	45%	10%	7 th Grade	Tests/Quizzes 50%, Homework/other 50%
8 th Grade	42.5%	42.5%	15%	8 th Grade	Tests/Quizzes 55%, Homework/other 45%
8 th Honors	40%	40%	20%	8 th Honors	Tests/Quizzes 60% Homework/other 40%

Final Exam Values

6th Grade – 5% of semester grade, Honors 6th – 10%

7th Grade – 10% of semester grade, Honors 7th – 15%

8th Grade – 15% of semester grade, Honors 8th – 20%

H.S. Credit Courses (Algebra 1 & Spanish 1) – 20% of semester grade

Homework Policy

- Our code of conduct states that students who are absent 3 consecutive days or less will obtain missed assignments from their teachers upon returning to school.
 - For students that will be absent 4 or more consecutive days a request can be made prior to leaving for homework. Work can be picked up 24 hours after the request is made. Please remember work that is requested before an extended absence is due the day the student returns to school.
 - If requested work is not turned in the day the student returns our “Homework Policy” will apply. Our homework policy states that students will have 5 days to submit work after the due date, however credit for late work will be reduced by 10% for each day late. Ex. 1 day late 10% reduction- 2 days late 20% reduction etc
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Test Retake/Correction Policy

- All students are eligible to retake or make test corrections to earn a half point back for each point lost on the original assessment.
 - The teacher and student will decide on the appropriate time for the Retake/Test correction.
 - The test redo/retake must be done within one week of the returning of the assessment. If a student fails to show up at the agreed upon time, the option of retake or redo is forfeited.
 - Requirements that students must do before a retake/test correction are determined independently by individual classroom procedures.
 - **** Quizzes are not part of the retake/test correction policy****
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Keys to Success

(Please review these with your student)

- **Study Skills**

- Don't Cram!
- Quiet Homework/Study Space
- Take good notes

- **Test-Taking Skills**

- Relax
- Prepare
- Use the study guide

- **Check PowerSchool on a Regular Basis**

- Teachers Update Often

- **Ask for Help**

- See any adult in the building if you need something. We're here to help!
 - If you're struggling academically ask your teacher for help
 - If you need social or emotional help, see your counselor
 - Academic Support
 - Before & After School Tutoring
 - Lit Room
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Keys to Success

(Please review these with your student)

- **Stay Organized**

- Use your agenda & homework folder!
- Keep your lockers clean
- Keep papers organized in their proper place

- **Pay Attention in Class**

- Focus and use your class time wisely

- **Communicate with Teachers**

- **Get Involved**

- Clubs
- Sports
- School Activities

- **Stay Positive**

- **Parents, Please Reinforce At Home**

- Being consistent in and out of school is helpful
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Dangers of Vaping








- Read info here:
 - [American Lung Association: E-cigs, vapes, Juul - What Teens Should Know](#)
 - [Centers for Disease Control and Prevention: Quick facts on e-cigarettes](#)

KNOWLEDGE
— IS —
POWER

Social Media and its use

- Social media use with teens has many risks – talk with your student
- Evidence-based research: [Pros and Cons of Social Media](#)



-  Think before you post
-  Did you check if it's true?
-  The Internet is forever: Parents, teachers, future colleges, and bosses might see it later
-  Don't be a bully: No threats (even as a joke), no name calling
-  Kindness counts: If you wouldn't say it to their face, don't post it
-  Kindness counts with strangers too: If you wouldn't say it to the person standing next to you in line, don't post it
-  Don't share private information like your age, birthday, and address

Social Media and its use

- Power of Choice as it pertains to social media and phone use



This video was created by Amanda DePape our Director of School Security and shown to MSN students the week of November 13-17

Tips for overall wellness

- Social time - Family friendly things to do this winter, inside and outside
 - <https://www.metroparks.com/>
 - <https://www.nbrecreation.org/>
 - <https://parks.chesterfieldtwp.org/>
 - Eat Healthy
 - Get kids involved in cooking, make new recipes together, do contests, eat together
 - Eat more plants!
 - Be Physically Active
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- Schoology – Counseling Corner



All students at MS North have been given access to the Counseling Corner. In order for parents to view the page just login to your child's Schoology account.