



# “LEADING THE WAY”

## SUCCESS IN MIDDLE SCHOOL



### ANCHOR BAY MIDDLE SCHOOL NORTH

The middle school years can be an exciting time for students and parents. It can also be a time of uncertainty. This publication is designed to give helpful suggestions to parents and students to help make their middle school experience a success.

**Safety** is our number one goal. It requires a team effort from staff, students, and parents to ensure all of our students' safety and well being. This “team” effort is centered on our code of conduct and safety policies. These policies and procedures are designed to keep our students safe. We know these guidelines will help ensure that we maintain a safe and secure environment for our students. You will find our code of conduct and safety policies on our website and in our student planners.

## Respect and Responsibility

Anchor Bay Middle School North expects that we all treat each other with respect. This means being tolerant, accepting of differences, and being considerate of the feelings of others. We also have an expectation that we take responsibility for ourselves and actions. We deal peacefully with anger and disagreements. We do what we are supposed to do and are self-disciplined. We are also accountable for our words, actions, and attitudes. By respecting one another and being responsible, we create a positive environment in which students and staff feel free to express themselves and enjoy their time here.



*“Nine tenths of education is encouragement.”*

Anatole France

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## Organization Tips

**The key to organization is to be prepared. Whether you are studying for a test or working on a presentation, being prepared will give you the confidence to succeed.**

**Below are some simple organizational tips:**

- 1) Create an organizational system for their school work that ensures they are able to keep track of it and find it quickly.**
- 2) Find a space in the house that is designate for homework. This area should be comfortable, relaxing, and free of clutter and distractions.**
- 3) Once this area is established as the “homework zone,” students should then create a time each day to go there to study.**

## Time Management Tips

**As middle school students, you will find that learning how to manage your time is crucial and will lead to your success. Follow the steps below to create a “Time Chart.”**

- 1) Create a visual “time chart”.**
- 2) Determine all the things you need to do and establishes time slots to do them.**
- 3) Prioritize or rank in order of importance the things you need to do.**
- 4) Do not forget to make time for free choice time. The quickest way for a time chart to fail is eliminating pleasure time.**

**\*You will receive a planner/agenda at the start of the school year that includes a time chart. Be sure to use it so you will have a successful middle school experience.**

## School Lunch

In middle school, students have a 30 minute lunch break in the middle of the school day. Students can bring their own lunch or buy a lunch from our “North Bay Café”. All 6th grade students have the same lunch. 7th and 8th grade students have combined lunch. School lunch at the North Bay Café is \$2.65 and can be paid through a student account or cash.



## BUSES

**Riding a bus is a privilege that can be taken away for poor behavior. It is very important that students follow the rules and expectations of the bus outlined in our code of conduct. Students not riding the bus are dropped off and picked up each day at the side of the school by Ashley street.**



## NO BULLYING ZONE!



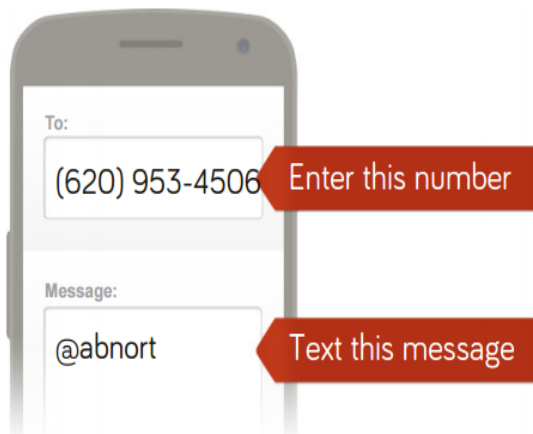
Anchor Bay Community Schools are committed to providing a great education in which **ALL** students feel welcome and safe. Our schools have rules and policies to ensure this environment. Bullying is not tolerated in our schools. Bullying is defined as: ***"A person is bullied when he or she is exposed, repeatedly and over time, to negative actions on the part of one or more other persons, and he or she has difficulty defending himself or herself."*** Students who are guilty of bullying will face disciplinary action outlined in our student code of conduct. One should always follow the golden rule of treating others as you want to be treated. By being a helpful and considerate person, you will have a positive effect on your friends and our school.

## Communication

For the most up to date information about Anchor Bay Middle School NORTH please check out our website at <http://anchorbay.misd.net/schools/north/> or join "REMIND". You will receive text message updates about our programs, changes, athletics, important dates, and much more. Please see directions below. Mrs. Stanton's remind will give you updates on school related events, and Mr. Thiede's will give you updates on athletic events.

### Did you know?

- If an inappropriate picture of a minor (under the age of 16) is sent to your phone and you forward it to one or more people, you can be charged with a crime.
- If you bring anything that can be used as a weapon to school (ex. a knife,) even if it is used for recreation, you can be expelled from school.
- If you make a serious threat against a student, teacher, or staff member, you can be suspended from school and reported to the police.
- Don't make these mistakes!



**Mrs. Stanton's REMIND**



**Mr. Thiede's REMIND**



# ATHLETICS

Anchor Bay Middle School North has a long standing tradition of athletic success. Our Sailor teams excel not only on the fields and courts on which they play, but most importantly, they excel in the classroom. A great way to get your middle school career off to a great start is by joining one of our athletic teams. By doing so, you will represent our school and learn important life lessons like work ethic and character. You will also meet new friends and learn what it means to be part of a "team". The importance of athletics in school has been widely accepted for many years. Research has shown that students who participate in athletics, traditionally have done much better than those that do not. Their GPA is higher, and they make better personal decisions. Below are the sports that we offer:

## Contact Us

Anchor Bay MS NORTH  
52805 Ashley  
New Baltimore, MI. 48047  
(586)725-7373

Visit us on the web at <http://anchorbay.misd.net/schools/north/>

Robin Stanton– Principal  
586-725-7373 ext 1710  
[rstanton@abs.misd.net](mailto:rstanton@abs.misd.net)  
Remind  
Enter phone #620-953-4506  
Text @abnort

James Thiede–Asst. Principal  
586-725-7373 ext. 1711  
[jthiede@abs.misd.net](mailto:jthiede@abs.misd.net)  
Remind  
Enter phone #81010  
Text @msnsailors



Football



Cross Country-COED



Volleyball-Girls



Cheerleading



Swimming-COED



Basketball-Boys



Basketball-Girls



Track- BOYS



Track- GIRLS



Wrestling



Softball

## Extra Curricular

Another way to get involved in our school is to join an extracurricular activity. Our band and choir programs have a rich tradition of excellence and are some of our most requested classes. Our band and choir programs begin in 6th grade and have a class period during the school day. They also have several concerts throughout the year. In addition to band and choir, we also have student council, Green Team, and SADD. These programs offer our students additional opportunities to be a part of something special.

