

GFS Reorder Number	<u>Product Description</u>	Edible or As Purchased	SERVING SIZE	Calories	Protein (gm)	Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)
183850	Twister Fries	AP	3 OZ	140	2	5.0	0	21
314005	Oven Fries	AP	3 OZ	180	5	8.0	0	25
233101	Starz Potatoes	AP	9 EACH	180	2	10.0	0	20
110570	Potato Wedges	EDP	0.55 CUP	90	1	5.0	4	12
526401	Spudster potato	AP	5 EACH	150	2	6.0	0	23
613738	Mashed potato	EDP	0.5 CUP	76	2	1.0	0	15
233404	Potato Tater Tots	AP	8 EACH	120	1	6.4	0	14
228818	Potato Smiles	AP	3 OZ	160	2	6.0	0	24
110580	Potato Rounds	EDP	0.5 CUP	90	1	5.0	4	12
733170	Potato Baked							
	<a href="#">-111363: Potatoes baked flesh without salt</a>	EDP	0.5 CUP	57	1	0.1	0	16

The nutrition printed is the most up to date information as provided to GFS as of August 2009. Please be aware that manufacturers may change formulations, which can affect the nutritional content. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-966-

GFS Reorder Number	<u>Product Description</u>	SERVING SIZE	Calories	Protein (gm)	Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)
	DOMINICS THICK CRUST PEPPERONI PIZZA	1 EACH	361	21	15.9	36	33
502332	PIZZA 4X6 CHS THK CRST 96-5.4Z TONY's Thick Crust Cheesy	1 EACH	400	20	17.0	35	40
580368	PIZZA 4X6 PEPP 96-4.83Z TONY's Thin Crust Pepp Pizza	1 EACH	350	18	16.0	40	32
203483	PIZZA 5" PEPP 60-6.9Z GARFIELD	1 EACH	460	21	19.0	40	51
362290	PIZZA CHS 15" POPA JOES 9CT COMM	1 PIECE	410	21	16.0	60	60
451440	PIZZA CHS FREN BRD 60-6.1Z COMM	1 PIECE	330	20	10.0	25	40
148500	PIZZA CHS SMRT 50/50 72-4.61Z GALAXY PIZZA	1 EACH	330	15	13.0	15	32
696790	PIZZA PEPP 5" 50/50 80-4.51Z TONY's personal pan pizza	1 EACH	310	16	12.0	15	35
221643	PIZZA PEPP BAGEL BULK 60-5.8Z COMM	1 EACH	480	20	17.0	40	60
717080	PIZZA - BIG DADDY	1 SLICE	350	20	13.0	30	41
110480	PIZZA PEPP RND 5" 60-5.46Z	1 EACH	390	17	18.0	80	40
109760	PIZZA SAUS FIESTADA 96-5.22Z "Taco Pizza"	1 EACH	410	17	21.0	25	38

538850

PIZZA WGRAIN CHS BOXED 40-4.8Z TONY

1 EACH

280

18

9.0

25

31

The nutrition printed is the most up to date information as provided to GFS as of August 2009. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products.

It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or nrc@gl


<b>GFS Reorder Number</b>	<b><u>Product Description</u></b>	<b>SERVING SIZE</b>	<b>Calories</b>	<b>Protein (gm)</b>	<b>Fat (gm)</b>	<b>Cholesterol (mg)</b>	<b>Carbohydrates (gm)</b>
A711-39	BAGEL PLAIN Ind. Wrapped	1 EACH	150	5	0.0	0	28
592072	BREAD ELFIN Banana Loaf	1 EACH	190	3	7.0	25	28
611910	BREAD Garlic Toast	1 SLICE	180	4	9.0	0	20
645020	BREAD LOAF APPLE CINN 72-2Z COMM	2 OZ	180	2	6.0	20	29
287652	BREAD PITA FOLD 6" 12-10CT GREC	1 EACH	190	5	4.5	0	32
A670-55	BREAD, RYE	1 SLICE	98	4	0.7	0	21
499307	BREAD WHEAT Individual Wrapped	1 SLICE	70	2	0.9	0	14
A670-33	BREAD, WHEAT	1 SLICE	70	3	0.5	0	15
A670-12	BREAD WHITE	1 SLICE	70	3	0.5	0	15
509167	BREADSTICK Soft	1 EACH	123	4	1.5	0	23
201049	BREADSTICK VARIety Individual 2ct Pack	1 EACH	30	*	1.0	0	4
A671-08	BREAD, FRENCH	1 EACH	98	4	5.0	0	21
A671-00	BREAD, ITALIAN	1 EACH	98	4	5.0	0	21
A672-63	DINNER ROLLS -WHOLE GRAIN	1 EACH	86	3	1.5	0	16
A672-50	DINNER ROLLS - PLAIN						
A673-57	HAMBURGER BUN - WHOLE GRAIN	1 EACH	140	6	2.0	0	26
A672-02	HOAGIE BUN	1 EACH	144	5	1.0	0	31
A673-56	HOT DOG BUN - WHOLE GRAIN	1 EACH	110	5	1.5	0	20
A672-84	KAISER ROLL	1 EACH	144	4	1.0	0	31
A-672-30	MINI SUB BUN	1 EACH	95	3	1.0	0	21
153168	MUFFIN - MINI BLUEBERRY	1 EACH	80	2	3.0	8	13
A737-40	MUFFIN-RED FAT CHOC CHIP	1 EACH	170	3	6.0	30	28
607940	PRETZEL ROD Soft Wheat 1 oz	1 EACH	70	2	0.5	0	14

542512	PRETZEL Soft 1Z	1 EACH	70	2	0.5	0	16
spec order	PRETZEL - Soft large shaped PUMPKIN	1 EACH	180	6	1.0	0	36
spec order	PRETZEL SOFT large shaped TURKEY	1 EACH	180	6	1.0	0	36
spec order	PRETZEL SOFT large shaped STAR SHAPE	1 EACH	180	6	1.0	0	36
A672-04	SUBMARINE BUN 8" WHOLE GRAIN	1 EACH	208	7	1.5	0	45
331058	TORTILLA FLOUR 6.25"PRSD 24-12MEXORIG	1 EACH	85	2	2.5	0	
723870	TURNOVER APPLE IW 80-3.75Z COMM	1 EACH	297	3	9.3	0	52
645200	NACHO CHIPS IND BAG ENRICHED 50-2Z COMM	1 Bag	140	2	8.0	0	18
466026	WAFFLE JUMBO SQUARE 144-1.27Z AJ	2 EACH	190	4	5.0	*	32
507482	WAFFLE STIX 144-1.1Z BELCHEF	2 EACH	140	3	2.0	0	28
718874	WRAP PITA 9" WHT 10-10CT GREC	1 EACH	260	7	7.0	0	44


The nutrition printed is the most up to date information as provided to GFS as of Fall 2008. Please be aware that manufacture dates are not printed on these products. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact your account manager.


<b>GFS Reorder Number</b>	<b><u>Product Description</u></b>	<b>SERVING SIZE</b>	<b>Calories</b>	<b>Protein (gm)</b>	<b>Fat (gm)</b>	<b>Cholesterol (mg)</b>	<b>Carbohydrates (gm)</b>
645150	TURKEY BRST OVN RSTD 2-9/10#AVG JENNO	4.41 OZ	95	18	0.9	32	3
442763	TURKEY BRST SKNLS CKD 2/8-9#AVG JENNO	3.86 OZ	93	19	0.9	37	2
344120	TURKEY BRST SLCD OVN RSTD 6-2# JENNO	3.51 OZ	93	19	1.0	39	2
572632	TURKEY BRST SLCD PREM SMKD 6-2#	5 SLICE	90	18	1.3	39	2
645160	TURKEY BRST SLICED 4-6.2# JENNO	3.1 OZ	91	19	0.9	32	0
434663	TURKEY HAM 2PC 12#AVG/CS JENNO	3.58 OZ	138	15	7.6	54	3
202150	TURKEY HAM DCD 2-5# JENNO	3.18 OZ	112	15	4.7	58	2
556121	TURKEY HAM SLCD 12-1# JENNO	3.18 OZ	103	15	4.4	56	1
110560	TURKEY RST 40# COMM	3 OZ	132	18	4.8	45	3

The nutrition printed is the most up to date information as provided to GFS as of August 2009. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or nrc@gf

<b>GFS Reorder Number</b>	<b><u>Product Description</u></b>	<b>SERVING SIZE</b>	<b>Calories</b>	<b>Protein (gm)</b>	<b>Fat (gm)</b>	<b>Cholesterol (mg)</b>	<b>Carbohydrates (gm)</b>
267200	Chicken Charms	3 EACH	174	18	6.3	34	11
150220	Chicken Chunks	5 EACH	267	15	17.4	48	13
150200	Chicken Diced	3 OZ	133	26	3.4	78	0
259268	Chicken Oven fried Drumstick	1 PIECE	220	19	13.0	55	8
150160	Chicken Fajita	3 OZ	130	16	7.0	80	2
154940	Chicken Fries	8 each	146	15	4.7	83	10
344140	Chicken Hip Dippers	1 EACH	220	15	11.0	40	14
453020	Chicken Nuggets - Goldkist	3.4 OZ	266	14	16.9	34	14
720690	CHIX ORANGE W/ SAUCE CKD 14#	1 CUP	190	14	7.0	60	16
344160	Chicken - Popcorn Chicken Tyson	15 EACH	263	13	13.0	44	19
150210	Chicken Patty - Tyson	1 EACH	270	17	15.0	50	13
150170	Chicken Tenders - Hot & Spicy Tyson	3 EACH	230	14	14.0	75	14
150140	Chicken Tenders - Tyson	3 EACH	240	14	14.1	42	15
797641	Chicken Rings - Kings Delight	5 EACH	215	14	12.0	20	15

--	--

The nutrition printed is the most up to date information as provided to GFS as of August 2009. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or [nrc@glaxo.com](mailto:nrc@glaxo.com)


--	--	--

--	--	--

GFS Reorder Number	<u>Product Description</u>	SERVING SIZE	Calories	Protein (gm)	Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)
765457	TREAT RICE KRISPIE 1.3Z 4-20 KELL	1 EACH	150	1	3.5	0	28
158828	TREAT RICE KRISPIE MINI 500-.39Z KELL	4 EACH	180	1	4.5	0	34
191090	SNACK CHS BKD 104-SSV CHEETOS	1 EACH	120	2	4.5	0	17
338670	SNACK CHS BKD HOT 104-SSV CHEETOS	1 PKG	120	2	4.5	0	17
105190	SNACK CHS CRNCHY 104-SSV CHEETOS	1 PKG	160	2	10.0	*	15
158798	SNACK CHS CRNCHY FUN SZ 120CT CHEETOS	1 PKG	100	0	6.0	0	10
105200	SNACK CHS FLAMIN' HOT 104-SSV CHEETOS	1 PKG	170	2	11.0	0	15
443130	SNACK CINN BUN 100-1.76Z CINNAMANIA	1 PKG	230	3	8.0	0	36
443121	SNACK FREN TST 100-1.76Z CINNAMANIA	1 PKG	230	3	8.0	0	36
675610	SNACK FRT ASST 2.5Z 4-36CT KELL	10 PIECE	80	1	0.0	0	19
	-1000015146: AP Fruit Snack, Mixed Berry, Kellogg	10 PIECE	80	1	0.0	0	19
	-1000015147: AP Fruit Snack, Cherry, Kellogg	10 PIECE	80	1	0.0	0	19
	-1000015148: AP Fruit Snack, Strawberry, Kellogg	10 PIECE	80	1	0.0	0	19
162531	SNACK FRT CURIOUS GEORGE 200-.9Z	1 PKG	100	0	1.0	0	22
108310	SNACK FRT SCOOPY DOO 96CT GENM	1 PKG	80	0	0.5	0	13
556051	Snack Fruit roll Cup Crazy Colors	1 pkg	50	0	1.0	0	11
251670	SNACK KID'S MIX 104-SSV MUNCHIE	1 PKG	110	2	3.5	0	18
105220	POPCORN WHT CHED 104-SSV SMARTFOOD	1 PKG	160	3	10.0	3	14
670150	PRETZEL ASST FLVR 150-.75Z SUPER SNAX	1 PKG	80	3	2.5	0	14
	-1000015140: AP Pretzel Popper, Cheezy Nacho, .75z S	1 PKG	80	2	2.5	0	14

	-1000015139: AP Pretzel Popper, Zesty Pizza, .75z SF	1 PKG	80	3	2.5	0	14
158771	PRETZEL TWIST TINY 120-.5Z ROLD GOLD	1 PKG	50	1	0.5	0	11
105210	PRETZEL TWIST TINY 88-SSV ROLD GOLD	1 PKG	100	3	0.0	0	23
682840	CRACKER ANIMAL 150-1Z KEEB	1 PKG	130	2	3.5	0	22
130249	CRACKER ASST AMER FAV 500-2CT NAB	1 PKG	75	1	2.5	0	10
	NB077: Cracker,Saltine,2 Crackers/1 each	1 PKG	27	1	0.5	0	4
	NB410: Crackers,Ritz,Assort Pack,2 Crack/Package	2 EACH	70	1	3.5	0	8
	NB411: Crackers,Wheatsworth, 2 crackers/package	1 EACH	60	1	1.5	0	9
	NB412: Crackers,Waverly, 2 Crackers/Package	3 PKG	90	1	4.0	0	12
	NB089: Cracker,Waverly,3 ea=3 pkg=6 crax	3 EACH	90	1	3.5	0	12
248930	CRACKER CHEEZ-IT 1.5Z 4-36CT SNSHN	1 PKG	220	5	11.0	0	25
792102	CRACKER CHEEZ IT SCRABBLE SHAPE	1 PKG	100	2	4.0		14
112186	CRACKER CLUB PC PKG 300-2CT KEEB	1 PKG	30	1	1.5	0	4
110431	CRACKER GLDFSH CHS 300-.75Z PEPPFM	1 PKG	100	2	3.5	*	14
194510	CRACKER GLDFSH GRHM 300-2CT PEPPFM	1 PKG	120	1	4.0	0	19
628780	CRACKER GLDFSH RANCH 300-0.75Z PEPPFM	1 PKG	100	3	3.0	*	14
628800	CRACKER GLDFSH SPCY 300-.75Z PEPPFM	1 PKG	100	3	3.0	*	14
175102	CRACKER GRHM 200-2CT KELL	1 PKG	60	1	1.5	0	10
653321	CRACKER GRHM BUG BITES 175CT KEEB	1 PKG	140	2	4.5	0	23
662127	CRACKER GRHM CINN SEL 150-3CT KEEB	1 PKG	100	2	3.0	0	16
509965	CRACKER GRHM TEDDY CINN 150-.75Z NAB	1 PKG	90	1	3.0	0	16
453714	CRACKER GRHM W/FIBER 150-3CT KEEB	1 PKG	100	2	3.0	0	17
426997	CRACKER PREM GLD 400-2CT NAB	3 PKG	90	1	3.5	0	12
441708	CRACKER SALTINE 500-2CT NAB	1 PKG	27	1	0.5	0	4
655241	CRACKER SPORTS CHS 100CAL 72-.74Z NAB	1 PKG	100	2	3.0	0	14
580202	CRACKER VANILLA PHYSED 300-.9Z GLDFSH	1 PKG	120	2	4.0	0	19
311588	CRACKER WHEAT WHL GRAIN 300-2CT KEEB	1 PKG	35	*	1.5	0	5
175400	CROUTON SEAS PC PKT 500-.25Z FRSHGOUR	1 PKG	30	1	0.8	0	5
	COOKIE - HOMEMADE OATMEAL RAISIN	1 EACH	220	3	11.0		27
663450	COOKIE HUGS NOT DRUGS 200-1CT GLBLFD	1 PKG	130	2	4.0	0	21
723300	COOKIE STATES&CAPITALS 100-1.1Z DKJN	1 PKG	130	2	3.5	0	22
	COOKIE - CHOCOLATE CHIP HOMEMADE - small 1 oz	1 EACH	130	1	6.0	10	18
	COOKIE - SUGAR HOMEMADE SMALL 1 OZ	1 EACH	130	1	6.0	10	17
602121	COOKIES MOOKIE GOT MLK 200-1CT GLBLFD	1 PKG	130	2	4.0	0	21

A714-27	COOKIE - CHOC CHIP IND WRAPPED	1 PKG	120	1	6.0	4	18
	COOKIE CINNAMON SPORT 200-1CT GLBLFD	1 PKG	130	2	4.0	0	21
591173	COOKIE FORTUNE WRPD 336CT 7#	1 PKG	30	*	*	0	6
Atlas	COOKIE, SHAMROCK SHAPED	1 EACH	85	1	3.3	0	12
105080	CHIP COOL RNCH 104-SSV DORITOS	1 PKG	245	4	12.3	0	32
541502	CHIP COOL RNCH REDC FAT 72-1Z DORIT	1 PKG	130	2	5.0	0	18
158763	CHIP CORN FUN SZ 120-.75Z FRITOS	1 PKG	120	1	8.0	0	12
105260	CHIP HARV CHED 104-SSV SUNCHIP	1 PKG	140	2	6.0	0	19
105060	CHIP NACHO CHS 104-SSV DORITOS	1 PKG	250	4	21.0	0	30
226380	CHIP NACHO CHS BKD 88-.75Z DORITOS	1 PKG	90	2	2.5	0	16
158801	CHIP NACHO CHS FUN 120CT DORITOS	1 PKG	80	1	4.5	0	10
105130	CHIP POT BBQ 104-SSV LAYS	1 PKG	150	2	10.0	0	15
105110	CHIP POT REG 104-SSV LAYS	1 PKG	150	2	10.0	0	15
415020	CHIP TORTL BITE SZ 104-SSV TOSTITOS	1 PKG	140	2	8.0	0	17
696871	CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	1 PKG	110	2	2.5	0	19

The nutrition printed is the most up to date information as provided to GFS as of August 2009. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products.

GFS Reorder Number

**Product Description**

Edible or As Purchased

**ENTREES**

SERVING SIZE

Calories

Protein (gm)

Fat (gm)

Saturated Fat (gm)

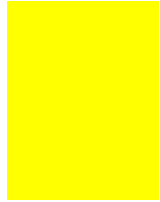
Cholesterol (mg)

Carbohydrates (gm)

203270	BEEF PATTY - ADVANCED	AP	1 EACH	119	16	5.5	2.3	40	2
432180	BOSCO CHEESY BREADSTICK 108-3Z BOSCO	AP	1 EACH	220	12	7.0	4.0	15	26
148067	MAX STIX CHEESY BREADSTICK 192/CS	AP	1 EACH	150	7	6.0	2.0	5	17
641270	CHEESEBURGER - MINI TWIN PAK	AP	2 EACH	428	24	18.0	7.0	43	42
344012	CHILI BEEF W/BEAN 6-5# COMM	AP	5.83 OZ	153	13	5.4	2.1	17	14
210358	CORN DOGS - MINI	AP	6 EACH	315	10	18.0	3.7	67	27
200150	CHEESE LASAGNA	AP	1 EACH	200	16	4.0	3.0	35	22
200180	CHEESE RAVIOLI	AP	3 PIES	211	14	8.0	4.0	174	22
723880	CRAZY CHEESY BREADSTICKS	AP	1 EACH	300	15	10.0	3.0	35	37
150270	MACARONI & CHEESE	AP	1 CUP	520	24	33.0	19.0	95	32
115360	FISH - POPCORN	AP	13 EACH	317	14	18.0	3.0	8	26
330043	FRANKS BEEF 6/# 10# LARGE FOR HOT DOG PICNICS	AP	1 EACH	250	8	23.0	9.0	50	4
265039	FRANKS BEEF 8/# 10# REGULAR SCHOOL LUNCH	AP	1 EACH	180	6	17.0	7.0	40	1
222569	HAM SMKD 5" W/A SLCNG 2PC GFS	AP	3 OZ	90	15	4.0	1.0	50	0
203710	MEATBALL BEEF 6-5# COMM	AP	2.6 OZ	150	12	9.0	3.5	36	5
252972	GLORIA GRILLED CHEESE (POCKET CHEESE-A-DIA)	AP	1 EACH	320	14	13.0	5.0	40	36
496286	RAVIOLI FORT/ENRICHED CN 6-10 Chef Boyardee	AP	8 PIECE	232	15	7.4	3.2	28	28
219130	NACHO CHEESE INDIVIDUAL CUP REDC FAT LAND O LAKE	AP	1 EACH	130	8	9.0	6.0	30	4
354771	NACHO CHEESE INDIVIDUAL CUP JALAP REDC FAT LAND O LAKE	AP	1 EACH	134	8	9.4	6.0	30	4
488844	SHRIMP POPPERS	AP	21 EACH	220	10	12.0	2.0	40	19
221678	TOAST TEXAS W/MOZZ CHEESE	AP	1 EACH	520	22	24.0	13.0	45	54
240303	TUNA CHNK LT IN WTR 6-66.5Z KE	AP	0.25 CUP	50	12	0.0	0.0	34	0
722450	TACO MEAT - turkey		2.97 oz	139	15			0	2



The nutrition printed is the most up to date information as provided to GFS as of August 2009. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or [nrc@gfs.com](mailto:nrc@gfs.com)



GFS Reorder Number	<u>Product Description</u>	SERVING SIZE	Calories	Protein (gm)	Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)
<b>SHERBET/ICE CREAM</b>							
622680	ICE CRM CUP COTTON CNDY 96-3Z BLBNY	1 EACH	70	2	1.0	5	12
359730	ICE CRM CUP STRAWB FLAV 48-4FLZ BLBNY	1 EACH	140	2	7.0	30	16
359700	ICE CRM CUP VAN FLAV 48-4FLZ BLBNY	1 EACH	140	2	7.0	30	16
GFS SPEC	CHOCOLATE SHERBET FROZEN TREAT	1 EACH	120	1	1.5	0	26
154640	NOVELTY FZ BAR JCE BLUE RASP 100MINMD	1 EACH	60	0	0.0	0	15
589276	NOVELTY FZ BAR JCE BLUE RASP 2-48CT	1 EACH	60	0	0.0	0	16
335568	NOVELTY FZ BAR JCE CHRY 100CT MINMD	1 EACH	60	0	0.0	0	15
767026	NOVELTY FZ BAR JCE GRP 100CT MINMD	1 EACH	60	0	0.0	0	15
767018	NOVELTY FZ BAR JCE ORNG 100CT MINMD	1 EACH	60	0	0.0	0	15
591076	NOVELTY FZ SAND CKY CHOC CHIP 24CT	1 EACH	340	4	18.0	20	44
627440	NOVELTY FZ SAND L/F VAN 96-3FLZ BLBNY	1 EACH	130	3	2.5	5	25
751294	NOVELTY FZ SHRB ORNG TUBE 6-12CNTRYFR	1 EACH	90	1	1.0	*	20
746819	SHERBET CUP LIME 96-3.2Z CLOVRV	1 EACH	134	1	1.7	4	29
509809	SHERBET CUP ORNG 96-4FLZ CLOVRV	1 EACH	137	1	1.8	4	30
509795	SHERBET CUP RASPB 96-4FLZCLOVRV	1 EACH	132	1	1.7	4	29
SPECIAL	SHAPE UP CUPS -PUMPKIN, AMERICAN FLAG, ETC.	1 EACH	70	0	0.0	0	18
SPECIAL	WHOLE FRUIT PREMIUM JUICE BARS - FROZEN FLAVORS	1 EACH	40	0	0.0	0	10

The nutrition printed is the most up to date information as provided to GFS as of August 2009. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or nrc@g



Ounce Per Piece	<u>Product Description</u>	SERVING SIZE	Calories	Protein (gm)	Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)
620300	BAR CEREAL CINN TST CRNCH 96-1.4Z	1 EACH	150	2	3.5	0	28
620310	BAR CEREAL COCOA PUFFS 96-1.3Z	1 EACH	150	2	3.0	0	28
445830	BAR CEREAL TRIX WHL GRAIN 96CT GENM	1 EACH	150	2	3.5	0	28
767101	BOSCO APPLESTICKS 7"	1 EACH	170	5	2.0	0	40
232882	CEREAL APPLE JACKS BWL 96CT KELL	1 EACH	70	1	0.0	0	16
509426	CEREAL CHEERIOS APPLCINN BWL 96 GENM	1 EACH	100	1	1.5	0	22
534765	CEREAL CHEERIOS BWL 96CT GENM	1 EACH	70	2	1.0	0	14
727962	CEREAL CHEERIOS FRSTD BWL 96CT GENM	1 EACH	110	2	1.0	0	23
509396	CEREAL CHEERIOS HNYNUT BWL 96CT GENM	1 EACH	110	2	1.5	0	22
595934	CEREAL CINN TOAST CRNCH BWL 96CT GENM	1 EACH	120	1	3.0	0	22
365790	CEREAL CINN TOAST R/S BWL 96CT GENM	1 EACH	120	1	3.0	0	22
232904	CEREAL COCOA KRISPIES BWL 96CT KELL	1 EACH	130	1	1.0	0	28
233048	CEREAL CORN POPS BWL 96CT KELL	1 EACH	80	1	0.0	0	19
600385	CEREAL CRISPIX BWL 96CT KELL	1 EACH	80	1	0.0	0	18
732435	CEREAL FROOT LOOPS 4-31Z KELL	1 CUP	118	2	0.9	0	26
232939	CEREAL FROOT LOOPS BWL 96CT KELL	1 EACH	80	1	0.5	0	18
388190	CEREAL FRSTD FLKS 1/3 LSSG 96CT KELL	1 EACH	100	1	0.0	0	25
233021	CEREAL FRSTD FLKS BWL 96CT KELL	1 EACH	110	1	0.0	0	26
662186	CEREAL FRSTD MINI WHE BWL 96CT KELL	1 EACH	100	3	0.0	0	23
509434	CEREAL GLDN GRAHAMS BWL 96CT GENM	1 EACH	110	1	1.0	0	23
600407	CEREAL KIX BWL 96CT GENM	1 EACH	70	1	0.5	0	14
509418	CEREAL LUCKY CHARMS BWL 96CT GENM	1 EACH	110	2	1.0	0	23
spec order	CEREAL, RICE CHEX - GLUTEN FREE	1 EACH	70	1	0.5	0	17
233005	CEREAL RICE KRISPIES BWL 96CT KELL	1 EACH	70	1	0.0	0	16
681946	CEREAL TRIX BWL 96CT GENM	1 EACH	80	1	1.0	0	18
365780	CEREAL TRIX R/S BWL 96CT GENM	1 EACH	100	1	1.0	0	21
607360	PASTRY POP-TART CINN BRW SUG 80-1CT	1 Tart	210	2	7.0	0	34
178829	PASTRY POP-TART STRAWB FRSTD 80-1CT	1 Tart	200	2	5.0	0	37

796660	VERY BERRY MINI BREAKFAST LOAF	1 EACH	180	3	6.0	10	30
541580	SNACK STRAWB WAFF 100-1.76Z CRNCHMN	1 PKG	230	3	8.0	0	37
541562	SNACK BLUEB MUFF 100-1.76Z CRNCHMN						
615650	CINNAMON BUN SUPER STIX	1 EACH'	190	4	3.0	5	38
240080	EGG OMELET CHS COLBY 144-2.1Z	1 EACH	131	7	10.0	181	2
240110	FRENCH TOAST STIX	3 EACH	160	7	4.0	110	25
233490	PANCAKE MINI 24-45CT BKCHEF	8 EACH	160	4	2.0	0	30
778201	PANCAKE MAPLE SYRUP IN POUCH	1 BAG	200	4	6.0	10	34
352740	SAUSAGE LNK BKFST CKD 160-1.025Z COMM	1 EACH	61	6	4.0	31	0
184970	SAUSAGE PTY TKY CKD 1Z 10.25# JENNO	1 OZ	61	6	4.0	31	0
466026	WAFFLE JUMBO SQUARE	2 EACH	190	4	5.0	*	32
507482	WAFFLE STIX	2 EACH	140	3	2.0	0	28

The nutrition printed is the most up to date information as provided to GFS as of Autumn 2008. Please be aware that manufacturers may change formulations, which can affect the nutritional c  
It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800

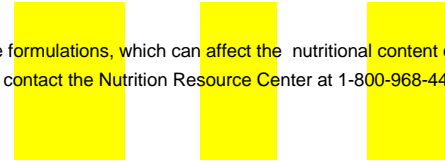
GFS Reorder Number	Product Description	SERVING SIZE		Calories	Protein (gm)	Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)
184280	SAUCE CHS CHED MILD 6-10 MUYFR	0.25	CUP	79	1	5.5	0	7
150240	CHEESE AMER SNACK PK 100-1Z COMM	1	EACH	100	5	9.0	25	1
251700	CHEESE CHED MILD 100-.75Z SCHRBR	1	PIECE	90	5	7.0	20	0
199720	CHEESE CHED SHRD 6-5# COMM	0.5	CUP	564	35	46.4	147	2
566681	CHEESE COLBY JK REDC FAT 100-1Z COMM	1	OZ	90	7	7.0	20	0
479128	CHEESE CREAM .75Z FOILWRPD 3-80 PAULY	1	EACH	70	1	7.0	20	1
171832	CHEESE FETA DRY PKG 2-6#AVG ODYSSEY	1	OZ	60	5	4.0	10	1
110960	CHEESE MOZZ FZ 8-6# COMM	1	OZ	79	7	4.8	15	0
334450	CHEESE SLICE YELLOW	1	OZ	106	6	8.9	27	0
529581	CHEESE STRING STIX IND 160-1Z COMM	1	OZ	80	7	6.0	15	*
551770	YOGURT RASPB RAINBOW 48-4Z TRIX	1	EACH	100	4	0.5	0	20
551760	YOGURT STRAWB-BAN BASH 48-4Z TRIX	1	EACH	100	4	0.5	0	20
551781	YOGURT WATERMELON 48-4Z TRIX	1	EACH	100	4	0.5	0	20

The nutrition printed is the most up to date information as provided to GFS as of Autumn 2008. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or nrc@gf

GFS Reorder Number	<u>Product Description</u>	SERVING SIZE	Calories	Protein (gm)	Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)
--------------------	----------------------------	--------------	----------	--------------	----------	------------------	--------------------

767115	SOUR CREAM IMIT PACKET 300-1Z KE	2 TBSP	60	0	5.0	0	3
188468	STUFFING MIX CRNBRD (Prepared) 6-56Z UBEN	0.5 CUP	119	4	1.2	1	23
160090	SYRUP PANCK CUP 200-1.5Z GFS	1 EACH	123	0	0.0	0	31
256013	SAUCE PIZZA W/BASL 6-10 REDPK	0.25 CUP	30	2	0.2	0	6
<b>160020</b>	<b>SAUCE SWT &amp; SOUR DIPN CUP 200-1Z PPI</b>						
192007	SAUCE TACO PKT 200-9GM GFS	1 EACH	5	0	0.0	0	1
159980	SAUCE TARTAR PKT 500-12GM GFS	1 EACH	36	0	3.3	4	2
150570	SALSA 6-10 COMM	0.25 CUP	10	0	0.0	0	2
294659	SAUCE BBQ PKT 200-12GM PPI	1 EACH	17	0	0.0	0	4
192320	SAUCE CHS CHED MELT FIESTA 6-5# COMM	1 OZ	80	4	6.0	15	2
623690	RICE CHIX ROASTED INFUSED 4-5# UBEN	1.55 OZ	150	4	0.7	0	33
110750	PASTA ELBOW MACAR 20# COMM	0.5 CUP	99	3	0.5	0	19
110790	PASTA ROTINI SPIRAL 20# COMM	0.5 CUP	99	3	0.5	0	19
452821	KETCHUP PKT 1000CT COMM	1 EACH	10	0	0.0	0	3
159970	MAYONNAISE PKT 500-12GM GFS	1 EACH	87	0	9.4	6	1
365880	DRESSING ITAL REDC CAL 4-1GAL LTHSE	2 TSP	60	0	4.0	0	6
160080	DRESSING RNCH BTRMLK PKT 500-12GM GFS	1 EACH	66	0	7.0	6	1
135090	DRESSING RNCH REDC CAL 4-1GAL CHAD	2 TBSP	100	0	8.0	5	6
187194	DRESSING ITAL PKT 200-12GM GFS	1 EACH	10	0	0.6	0	1
524603	GELATIN MIX RASPB 12-24Z GFS	0.5 CUP	71	1	0.0	0	17
673617	GRAVY BROWN 12-5 HRTHSTN	0.25 CUP	25	0	1.0	0	4
516309	GRAVY CHIX RSTD 12-5 HRTHSTN	0.25 CUP	35	1	2.0	0	4
673595	GRAVY TKY RSTD 12-50Z HRTHSTN	0.25 CUP	35	1	2.0	0	3
450430	CARAMEL DIP L/F CUP 200-1Z LTHSE	1 EACH	75	1	0.0	0	19
274100	HUNTS CHOCOLATE PUDDING	1 EACH	120	2	3.5	0	21

The nutrition printed is the most up to date information as provided to GFS as of Autumn 2008. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or [nrc@gf](mailto:nrc@gf)



GFS Reorder Number	<u>Product Description</u>	SERVING SIZE	Calories	Protein (gm)	Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)
--------------------	----------------------------	--------------	----------	--------------	----------	------------------	--------------------

207990	JUICE APPLE 100% 70-4FLZ SNCUP	1 EACH	60	0	*	*	13
453600	JUICE LEMND BLUE NUTRNT 48-8Z RIPTF5	1 EACH	50	0	0.0	0	13
535671	JUICE MXD BERRY CALFRT48-8FLZ RIPTF5	1 EACH	50	0	0.0	0	13
251390	JUICE ORNG CRTN 70-4FLZ COMM	1 EACH	56	1	0.1	0	13
355900	JUICE FRUIT PUNCH	1 EACH	65	0	*	*	14
135940	CAPRI DRINK	8 FLOZ	130	0	0.0	0	33
117650	CAPRI DRINK	8 FLOZ	130	0	0.0	0	33
117642	CAPRI DRINK	1 EACH	100	*	0.0	*	26

The nutrition printed is the most up to date information as provided to GFS as of Autumn 2008. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or nrc@gf

GFS Reorder Number	<u>Product Description - FRUIT/VEGETABLE</u>	SERVING SIZE	Calories	Protein (gm)	Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)
197726	APPLE RED 113-138CT P/L	1 EACH	72	0	0.2	0	19
747650	APPLE SLCD 200-2Z COMM	1 PKG	30	0	0.0	0	7
120510	APPLESAUCE 6-10 COMM	0.5 CUP	52	0	0.0	0	14
726570	APPLESAUCE CHERRY CUP 96-4Z COMM	1 EACH	90	0	0.0	0	23
645060	APPLESAUCE CINNAMON 96-4Z COMM	1 EACH	120	0	0.0	0	30
726580	APPLESAUCE MXD FRT CUP 96-4Z COMM	1 EACH	90	0	0.0	0	23
645050	APPLESAUCE PLAIN 96-4Z COMM	1 EACH	90	0	0.0	0	22
726560	APPLESAUCE STRAWB BAN CUP 96-4Z COMM	1 EACH	100	0	0.0	0	22
	APPLE CRISP - HOMEMADE - 1/3 CUP SERVING	1 EACH	164	2	2.8	0	33
110840	APRICOT 6-10 COMM	0.5 CUP	50	0	0.0	0	13
197769	BANANA STAGE 3-5 PETITE 150CT	1 EACH	72	1	0.0	0	19
428510	ORANGES 138CT COMM	0.5 CUP	34	1	0.3	0	13
156337	BEAN GREEN CUT MXD SV 6-10 KE	0.5 CUP	24	1	0.2	*	4
283339	BROCCOLI & CAULIF COMBO 2-3# MARKON	1.5 CUP	25	0	0.0	0	4
613967	CARROT SNACK CLEANED 200-1Z	1 PKG	12	0	0.1	0	3
	CARROTS COOKED	0.5 CUP	26	0	0.0	0	6
781592	CELERY STIX 4-3# MARKON	1 CUP	14	1	0.2	0	3
280895	GRAPES RED LUNCH BUNCH 20#AVG MARKON	0.5 CUP	31	1	0.2	0	8
242489	LETTUCE SHRDD TACO 1/8CUT 4-5# MARKON	1.5 CUP	15	1	0.0	0	3
412201	MELON MUSK CANTALOUPE 18CT P/L	0.5 CUP	25	1	0.0	0	7
120483	CORN 6-10 COMM	0.5 CUP	66	2	0.8	0	14
120571	CORN ON THE COB	1 EACH	35	1	0.0	0	8
418439	CUCUMBER SELECT 24CT P/L	1 CUP	8	0	0.1	0	2
120520	FRUIT MIXED 6-10 COMM	0.25 CUP	34	0	0.1	0	9
152811	ORANGES MAND BRKN L/S 6-10 GFS	0.5 CUP	70	1	0.0	0	17

232470	PEACH CUP 96-4.4Z COMM	1 EACH	117	0	0.1	0	29
110690	PEAR DCD 6-10 COMM	0.5 CUP	71	0	0.0	0	19
110510	PEAS FZ 30# COMM (Cooked)	0.5 CUP	42	3	0.3	0	7
199440	PICKLE DILL SPEAR IW 6-30CT GIEL	1 OZ	4	0	0.1	0	1
110720	PINEAPPLE TIDBITS/CUBES 6-10 COMM	0.5 CUP	65	1	0.2	0	17
544426	RAISIN SELECT 1.5Z BOXES 24-6PK P/L	1 EACH	132	1	0.3	0	32
212768	STRAWBERRIES FRESH	0.5 CUP	24	1	0.2	0	6
468400	STRAWBERRIES -FROZEN SWEETENED	0.25 CUP	61	0	0.0	0	17
119059	VEGETABLES MXD 6-10 GFS	0.5 CUP	38	2	0.2	0	6
199583	WATERMELON FRESH	0.5 CUP	22	1	0.0	0	6
198056	PEAR FRESH	1 EACH	100	1	1.0	0	25

The nutrition printed is the most up to date information as provided to GFS as of August 2009. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products.

It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or nrc@gf
