



**American
Red Cross**

March 18th – March 23rd

Anchor Bay School District Aquatic Programs

52401 Ashley New Baltimore MI. 48047 Call: 586-716-4623 Email: Abs_aquatic_rec@abs.misd.net

Programs & Schedule can change based on interest, low enrollment, school use needs; academic or AB athletics.

Information and Registration are available at: <https://apm.activecommunities.com/absdcommrec>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM – 11:00 AM Adult Meter Lap Swim and Adult Shallow	Coast Guard Use ONLY 7:00 AM -- 9:00 AM	6:00 AM – 11:00 AM Adult Meter Lap Swim and Adult Shallow	Coast Guard Use ONLY 7:00 AM -- 9:00 AM	6:00 AM – 11:00 AM Adult Meter Lap Swim and Adult Shallow	Open Lap Swim 8:00 AM – 12:00 PM
<u>Shallow Water Aerobics 8:30 AM - 9:30 AM</u>	Silver Sneakers Land Class 8:30 AM -- 9:20 AM	<u>Shallow Water Aerobics 8:30 AM - 9:30 AM</u>	Silver Sneakers Land Class 8:30 AM -- 9:20 AM	<u>Shallow Water Aerobics 8:30 AM -- 9:30 AM</u>	<u>Shallow Water Aerobics 8:30 AM -- 9:30 AM</u>
<u>CLOSED</u> For School Use 11:00 AM – 5:30 PM	9:30 AM – 11:00 AM Adult Open Lap and Shallow	<u>CLOSED</u> For School Use 11:00 AM --5:30 PM	9:30 AM – 11:00 AM Adult Open Lap and Shallow	<u>CLOSED</u> For School Use 11:00 AM – 5:30 PM	Swim Lessons!!! 9:30 AM—11:30 AM
<u>Shallow Water Aerobics 6:00PM – 7:00PM</u>	<u>CLOSED</u> For School Use 11:00 AM – 5:30 PM	<u>Shallow Water Aerobics 6:00PM – 7:00PM</u>	<u>CLOSED</u> For School Use 11:00 AM – 5:30PM	7:00 PM – 9:00 PM SCUBA RENTAL	
6:00 PM – 8:00 PM OPEN LAP SWIM 7:00PM – 8:00PM All ages Open Swim	6:00 PM – 8:00 PM All ages Open Lap and Shallow Swim	6:00 PM – 8:00 PM OPEN LAP SWIM 7:00PM – 8:00PM All ages Open Swim	6:00 PM – 8:00 PM All ages Open Lap and Shallow Swim	<u>NO OPEN SWIM</u>	

Dryland Silver Sneakers Classes: Call Health Care Provider to See if You Qualify for Silver Sneaker/ Tivity ~ *

Drop in Fees		Memberships		Birthday Party Rental	25 Max	Program Registration	Per Session
Adult Lap	\$5	Annual	\$225	Friday Night (2 hrs)	\$200	Swim Lessons	\$40 - \$60
Student/ Military	\$4	Monthly	\$35	Saturday Afternoon 12 – 2	\$250	Swim Conditioning CLUB	\$200
Water Aerobic	\$5	Family 1 Month	\$100	Private Sat. 2-hr. block	\$300	Pre-Club	\$200
Family Open Swim	\$10	20 Visit Punch Card (valid one year)	\$80			6 month Membership	\$150