



Parent and Child Learn to Swim Program 2009 -2010

This program is designed for kids ages 8 months – 4 years to participate in a swim class along with an adult.

Parent and Child 8 months – 48 months

This class is designed to get children use to the water, by introducing the following activities:
 Water Entry * Exploring the pool * Front Kick * Bubble Blowing * Arm Scooping
 Support Back & Front Floats * Back Kick * Increase Comfort in the Water * Safety

Days	Dates	Time	Registration
Monday	October 5 – 26	7:30 - 8:00	Sept. 29 - Oct. 4
	November 2 -23	7:30 – 8:00	Oct. 20 - Oct. 31
	March 1 – 22	7:30 - 8:00	Feb. 1 – Feb. 27
Wednesday (no class Nov. 25)	October 7 - 28	7:30 - 8:00	Sept. 30- Oct. 6
	Nov. 4 – Dec. 2	7:30 - 8:00	Oct. 21 – Nov. 3
	Jan. 6 – 27, 2010	7:30 – 8:00	Dec. 3 – Jan. 5, 2010
	Feb. 3 – 24	7:30 - 8:00	Jan. 20 - Feb. 2
	Mar. 3 – 24	7:30 - 8:00	Feb. 17- Mar. 2
Saturdays (no classes: Nov. 7 Jan. 23	Oct. 24 – Nov. 21	10 am or 11 a.m	Oct. 10 – 23
	Jan. 9 - Feb. 6, 2010	10 am or 11 am	Nov. 21 – Jan. 8
	Mar. 6 – Mar. 27	10 am or 11 am	Feb. 6 – Mar. 5