

MACOMB COUNTY HEALTH DEPARTMENT

SCHOOL TRIAGE AND MANAGEMENT GUIDELINES

Symptoms of influenza are:

- Fever – low (99°F) to high (104°F), usually for 3 days, but may persist for 4 to 8 days. Sometimes the fever will go away and return a day later.
- Aching muscles
- Cough
- Headache
- Joint aches
- Eye pain
- Feeling very cold or having shaking chills
- Feeling very tired
- Sore throat, runny or stuffy nose

If a child comes to school with symptoms, send them home:

Children should do the following:

- Rest
- Drink Fluids
- Take fever reducers (as instructed by physician)

BUT IF

The child has the following symptoms:

- Unable to drink enough fluids (feel dizzy when standing)
- Have a fever for more than 3 to 5 days
- Feel better, then develop a fever again



Child should see a healthcare provider

OR IF

The child has the following symptoms

- Is short of breath
- Coughs up blood
- Has pain in the chest when breathing
- Has known heart disease or a history of heart disease
- Is unable to walk or sit up, or function normally



Child should be immediately referred for emergency care