



American Red Cross

June 10th – August 31st

Anchor Bay School District Aquatic Programs

52401 Ashley New Baltimore MI. 48047 Call: 586-716-4623 Email: Abs_aquatic_rec@abs.misd.net

Programs & Schedule can change based on interest, low enrollment, school use needs; academic or AB athletics.

Information and Registration are available at: <https://apm.activecommunities.com/absdcommrec>



Monday	Tuesday	Wednesday	Thursday	Friday
6:00 AM – 12:00 PM Adult Meter Lap Swim and Adult Shallow	Coast Guard Use ONLY 7:00 AM -- 9:30 AM	6:00 AM – 12:00 PM Adult Meter Lap Swim and Adult Shallow	Coast Guard Use ONLY 7:00 AM -- 9:30 AM	6:00 AM – 12:00 PM Adult Meter Lap Swim and Adult Shallow
<u>Shallow Water Aerobics 8:30 AM - 9:30 AM</u>	Silver Sneakers Land Class 8:30 AM -- 9:20 AM	<u>Shallow Water Aerobics 8:30 AM - 9:30 AM</u>	Silver Sneakers Land Class 8:30 AM -- 9:20 AM	<u>Shallow Water Aerobics 8:30 AM - 9:30 AM</u>
<u>All Ages Open Swim 3:00PM – 5:00PM</u>	9:30 AM – 12:00 PM Adult Open Lap and Shallow	<u>All Ages Open Swim 3:00PM – 5:00PM</u>	9:30 AM – 12:00 PM Adult Open Lap and Shallow	<u>All ages Open Swim 12:00PM – 3:00PM</u>
5:00 PM – 7:30 PM Adult Open Lap	<u>All Ages Open Swim 3:00PM – 5:00PM</u>	5:00 PM – 7:30 PM Adult Open Lap	<u>All Ages Open Swim 3:00PM – 5:00PM</u>	
<u>Water Aerobics 5:00PM-6:00PM</u>	5:00 PM – 7:30 PM Adult Open Lap	<u>Water Aerobics 5:00PM-6:00PM</u>	5:00 PM – 7:30 PM Adult Open Lap	
Swim Lessons 6:00PM – 8:00PM		Swim Lessons 6:00PM – 8:00PM	Swim Conditioning 6:30PM – 8:00PM	
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Dryland Silver Sneakers Classes: Call Health Care Provider to See if You Qualify for Silver Sneaker/ Tivity ~ *

Drop in Fees		Memberships		Birthday Party Rental		25 Max	Program Registration	Per Session
Adult Lap	\$5	Annual	\$225	Friday Night (2 hrs)	\$200	Swim Lessons	\$40 - \$60	
Student/ Military	\$4	Monthly	\$35	Saturday Afternoon 12 - 2	\$250	Swim Conditioning CLUB	\$200	
Water Aerobic	\$5	Family 1 Month	\$100	Private Sat. 2-hr. block	\$300	Pre-Club	\$200	
Family Open Swim	\$10	20 Visit Punch Card (valid one year)	\$80			6 month Membership	\$150	