

Dear Lottie Families,

This week, our school community will focus on the Other People Mindset of Cheering Others'

Successes. This means when someone else does well, we are happy for them and show our support.

It's normal to sometimes feel jealous or envious when others succeed, but learning to genuinely celebrate their accomplishments can improve our own happiness and relationships. Supporting others not only helps them feel good but also strengthens our community and creates a positive environment.

Encouraging your child to be happy for others can start with simple actions, such as congratulating a friend, noticing feelings of envy and asking why, or learning from others' successes. These steps build a supportive culture in families, teams, schools, and communities.

To practice and encourage this Other People Mindset at home, please visit The Positivity Project's mobile-friendly P2 for Families (available in <u>English</u> and <u>Spanish</u>), where you will watch a video together and discuss a quote and three questions. Below are links to this week's P2 for Families lessons. Click on the grade level that best meets your child's needs.

Pre-K–K	Grades 1–2	<u>Grades 3–5</u>	Grades 6–8	Grades 9–12
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Thank you for your support! Mrs. White & the Lottie Staff