



IMPORTANT UPCOMING DATES

May 2024

May 21st– Academic Awards

6th– 9am, 7th– 2pm, 8th– 7pm.
North Gym

May 27th– Memorial Day– No school

May 28th– Spring Choir Concert
7pm @ ABHS

May 30th– Band Concert 7pm @
ABHS

May 31st– Reward Trips

June 3rd– All A's Breakfast

June 5th, 6th, and 7th Final exams

June 7th– Last day of school

End of the year Celebrations

We look forward to the end of the school year not because it is ending, but rather it begins a time to celebrate and reflect on the accomplishments of our students. Here are some of the activities we have planned for our students. There is something for EVERYONE!

All A's Breakfast– Monday, June 3rd we will honor our NORTH students who performed at the highest level and achieved ALL A's throughout the school year. Students will get an honorary breakfast to celebrate this wonderful accomplishment!

Student of the Month Reward Trip– Every month throughout the year, teachers selected one student from 6th, 7th, and 8th grade to be student of the month. Their teachers nominated them and then voted on a winner at the end of month. Students were recognized with a certificate, and a prize. They also had their name and picture on our Student of the Month wall for the month they were selected. On Friday, May 24th, we will honor all of the students with a lunch at Seeburgers.

Academic Awards Ceremony– Our Academic Awards Ceremonies will take place on, **Tuesday, May 21st**. 6th grade—9am, 7th grade—2pm, and 8th grade —7pm. These special ceremonies celebrate our students' academic success for the 2023-24 school year. Students who are eligible receive various academic awards to honor their achievements.

Class Reward Trips– As a reward for positive behavior and good grades throughout the school year eligible students are rewarded with grade field trips.

8th grade Cedar Point Reward Trip- Friday, May 31st

7th grade Dave and Busters Reward Trip- Friday, May 31st

6th grade New Baltimore Beach Park Trip– Friday, May 31st

8th Grade Ice Cream Social Send off– We will send off our 8th graders with a "Ice Cream Social Send Off" on **Monday, June 3rd** during 6th hour. During this time, they will have time to get their yearbooks signed and have time to socialize with their friends. They will also watch the 8th grade memory video. See page 4 for more information

Last Day of School "Clap out" – Please join us on Friday, June 7th to celebrate ALL of our students hard work throughout the year with a "Clap Out". See page 3 For more information.

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Anchor Bay North

Principal's Corner



REMINDER – Permission slips due May 20th

Reward Trips

On Friday, May 31st, students will be rewarded for good grades and positive behavior with the opportunity to attend our grade level reward trips. Sign-up begins with turning in a permission slip and money. The office staff will do a quick check to make sure students are eligible to attend by meeting the criteria listed below:

To qualify for our PBIS Reward Trips students must meet the criteria established in our student code of conduct.

“A student receiving a total of six (6) demerit points will be excluded from the school trip program. Any student involved in a fight, instigating a fight or referred for a major infraction of a violent nature will be excluded from the school trip program. NO EXCEPTIONS TO THE POINT TOTAL PROGRAM WILL BE ALLOWED.”

TIMEOUT	=	4 POINTS
DETENTION	=	2 POINTS
F GRADE	=	2 POINTS
N CITIZENSHIP	=	1 POINT
U CITIZENSHIP	=	2 POINTS

****PLEASE CONTACT OUR MAIN OFFICE FOR SPECIAL FINANCIAL SITUATIONS****

Please see below a summary of our Reward Trips:

6th Grade - Walter Mary Burke Park in downtown New Baltimore - Friday, May 31st - \$20



7th Grade - Dave and Busters - Friday, May 31st - \$40



8th Grade - Cedar Point - Friday, May 31st - \$75



Student of the Month Field Trip -

Mr. Thiede will take ALL Student of the Month winners to Seeburgers on Friday, May 24th as a Reward for being GREAT! A Student of the Month was selected from each grade every month during the school year. A total of 27 students will make the trip! Great job, Sailors!

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Anchor Bay North

Principal's Corner



Drive-Thru
"Clap Out"

Friday, June 7th

11:32am



Please join the North staff as we celebrate our Sailors' hard work and completion of the school year! Our North staff will be out in the bus loop to send off our students for the summer with a "clap out". We will "clap out" the students who ride the bus first.

As the buses leave, parents that drive their children are encouraged to drive through the bus loop after they have already picked up their child. You may drive around the back of the building to get to the bus loop. Once in the bus loop, please follow it past the front of the building, and exit either by the drive next to the Aquatic Center, or Washington street. These will be the only two ways to exit the parking lot.

Feel free to decorate your car as we celebrate the end of the school year.

Please stay in your cars during the parade. If you wish to take pictures after, please park in the main parking lot. We are all excited to see you one last time and celebrate with you!

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8th grade Ice Cream Social Send off



On Monday, June 3rd we will celebrate with our 8th graders one last time with a Ice Cream Social Send off. Students will gather in the commons 6th hour for the event.

Activities include:

- Watching the 8th grade end of the year video
- Sign yearbooks
- Socialize with Classmates
- Enjoy Ice Cream





Middle School Parents

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Anchor Bay Middle School North

still make the difference!



Help your child maintain motivation and momentum

As the school year winds down, middle school students tend to get a bit restless and start daydreaming about the summer break. But summer isn't here just yet.

Remember: The last few weeks of school are just as important as the rest. It's vital for middle schoolers to be in school and stay focused so they can finish the school year strong.

To motivate your child to keep working hard:

1. **Stick to routines.** It's easy to get wooed by warmer temperatures and more daylight. If you find yourself letting your child put off schoolwork longer and longer and stay up later and later, it's time to get back on track. Morning comes

as early as ever, and if your middle schooler doesn't get enough sleep at night, it will be difficult to focus during class.

2. **Show your interest.** By this point of the school year, families are pretty familiar with what goes on at school. However, don't stop asking about it. Let your child know that you care and still want to hear about assignments and classes.
3. **Maintain expectations.** Remind your child that if grades begin to slip near the end of the year—or if your child stops completing assignments—there will be consequences. The thought of missing an anticipated event or activity may inspire your child to buckle down.

Show your child how to handle disappointment



Life doesn't always go as planned. Whether your middle schooler earns a low grade on a test or finds out that social plans have been canceled, learning to accept and move beyond disappointment is a necessary part of school and life.

To help your child bounce back after things go wrong:

- **Ask, "How are you feeling?"** Often, middle schoolers tend to either overreact or to clam up entirely. Help your child express disappointment using words.
- **Be sympathetic and supportive.** Say, "I'm so sorry that event was canceled. I know you are disappointed. What else could you do?" Asking questions instead of just fixing things gives your middle schooler the opportunity to learn recovery skills.
- **Demonstrate coping skills.** It may not be easy to share your personal disappointments. But it's one of the most effective ways to show your child how to be resilient. "I am so disappointed that I didn't get that promotion," you might say. "I'm going to keep trying."

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A strong vocabulary is key for middle school reading success



In middle and high school, the reading material is more complex and contains advanced vocabulary. Having a

broad vocabulary will give your child an advantage.

To focus on building vocabulary over the summer months, encourage your child to:

- **Read every day.** Middle schoolers should read a variety of materials—novels, short stories, news articles, magazines and websites. The more reading material children take in, the more words they will encounter. Encourage your child to look up unfamiliar words and learn their meanings.
- **Talk.** Introduce new words when you have conversations with your

child. “I am excited to start my new job tomorrow, but I am also *apprehensive*.” This is a great exercise for everyone in the family.

- **Practice.** Reading and hearing all these new words may not mean much if your child doesn’t use them. Challenge your child to use one or two new words a day.

Source: C. Snow, “Building vocabulary to improve reading in middle school,” Harvard Graduate School of Education.

“One forgets words as one forgets names. One’s vocabulary needs constant fertilizing or it will die.”

— Evelyn Waugh

Encourage your child to find and enter a contest this summer



There are many opportunities for students to keep learning during the summer months. And without the demands

of schoolwork, they can choose what they’d like to learn more about.

Entering a summer contest can allow your middle schooler to spend time developing talents and interests. Contests can also:

- **Inspire excellence.** Whether your middle schooler enjoys art, writing, photography or science, the idea of competing against others may motivate your child to produce a “personal best.”
- **Boost self-image.** Even if your child doesn’t win the contest, taking a healthy risk and working hard is

something to celebrate. Say something like, “You worked so hard. You submitted your entry on time and tried something different. You should feel really proud of yourself. I know I’m proud of you.”

To find a suitable contest:

- **Check with the school.** Sometimes, companies that sponsor contests for students will send materials and entry forms directly to school principals or counselors.
- **Ask a librarian.** Librarians often know about contests for students.
- **Search online.** Research any sponsor offering a contest before you allow your child to enter. You should never have to pay a fee to enter or provide personal financial information.

Are you preparing your child for a safe summer?



Summer is prime time for fun and also for taking risks—especially for middle schoolers, who may not always be in sight

of an adult. Are you doing all you can to make sure your child is healthy and safe over the summer? Answer *yes* or *no* to the questions below to find out:

- ___ **1. Do you require your child to wear sunscreen and insect protection when playing outdoors?**
- ___ **2. Do you insist that your child wear a helmet when on a bike, scooter or skateboard?**
- ___ **3. Do you consider your child’s maturity before assigning chores, such as mowing the lawn with a riding lawn mower?**
- ___ **4. Do you encourage your child to drink plenty of water when playing or exercising outdoors in the heat?**
- ___ **5. Do you look for supervised activities that will keep your child busy and active?**

How well are you doing?

Mostly *yes* answers mean you are preparing for a safe summer for your middle schooler. For *no* answers, try those ideas in the quiz.

Middle School
Parents
still make the difference!

Practical Ideas for Parents
to Help Their Children.

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Five strategies help students make the most of study time



Unfortunately, not all middle school students know how to study effectively. Those that don't may spend more time than they need to on their schoolwork. Or, they may get frustrated and stop studying completely.

Share these strategies to help study time pay off for your middle schooler:

1. **Take class notes.** Writing down what the teacher emphasizes can help your child see what the teacher thinks is important. Reviewing class notes each evening will also improve your child's memory of the material.
2. **Break it up.** Research shows that studying material in several short study sessions spaced out over time is more effective than one long study session.
3. **Study similar subjects at different times.** Putting new information
4. **Avoid getting sidetracked.** If your child's mind tends to wander during study time, suggest keeping a notepad nearby. That way your middle schooler can jot down reminders or random thoughts to consider later and then get right back to studying.
5. **Eliminate distractions.** The TV, a phone and a growling stomach will all distract your middle school student. Have your child turn off unneeded digital devices and take care of hunger and thirst before sitting down to study.

into the brain is a like pouring concrete. Your child has to give it time to "set up." So between a science lesson with a lot of formulas and a math lesson with a lot of formulas, your teen should study history or English—to allow the science lesson time to set.

Build a relationship that supports academic success



Studies show that positive adult influence is critical to children's success. Children who have healthy adult role models:

- **Feel more secure** and optimistic than children without role models.
 - **Are more likely** to feel happy.
 - **Are nine times more likely** than other kids to earn straight A's.
 - **Are less likely** to cheat on tests.
 - **Are more likely** to believe in their own future success.
- **Get to know your child.** Take time to find out what makes your child tick and find ways to support interests.
 - **Offer specific praise.** Middle schoolers sometimes get a bum rap. They're often seen as moody troublemakers. Look for the positive. When your child does something great, say so!
 - **Listen.** Don't dismiss your child's problems or opinions because your child is "just a kid." Pay attention when your middle schooler tells you something. Your willingness to listen may be the biggest motivator of all.

What's the secret to being a solid role model for your middle schooler? There isn't one. Instead, there are some common sense things you can do to keep your child motivated and feeling loved. Here are a few:

Source: "Healthy Parent-Child Relationships," U.S. Department of Health & Human Services.

Q: My middle schooler is having a great school year. However, the thought of starting high school next fall seems to be overwhelming. Is there anything I can do to make the transition go smoothly for my child?

Questions & Answers

A: Absolutely! Although you can't guarantee your child won't worry, there are several things you can do this summer to help your child prepare for the move to high school:

- **Listen carefully.** When your child talks about fears regarding high school, pay attention. It may help you identify the real problem. For example, you might assume your child is worried about handling more difficult schoolwork. It could turn out, though, that your child is really worried about meeting new people and finding extra-curricular activities.
- **Help your child practice time management skills.** High school means more classes and a bigger workload. Give your child a calendar or a planner and recommend using it to keep track of summer activities and appointments. This will reinforce the habit of planning time and writing things down.
- **Check out the school website** and social media platforms together. Find out what types of activities may be available for ninth graders. Learn about some of the policies and procedures your child will be expected to follow.
- **Encourage your child to talk** to a current high school freshman. Hearing first-hand about how high school differs from middle school may ease your child's anxiety—and yours!



It Matters: Summer Learning

Limit mindless screen time to boost well-being



Middle schoolers spend an average of seven hours each day in front of screens for entertainment alone.

And that time typically increases during the summer months.

Kids are streaming shows, playing online games and scrolling through social media. All of this screen time leaves less time for important physical and mind-building activities.

The American Academy of Pediatrics and the National Heart, Lung and Blood Institute recommend setting limits on recreational screen time because too much can affect:

- **Maturity.** Middle schoolers should use part of the summer to take on new responsibilities, learn new hobbies and explore new interests. Binge watching a series on Netflix won't get your child very far on that journey.
- **Health.** Time spent in front of a screen is time kids are not spending on healthier pursuits, such as exercise. Studies link overindulging on screen time to obesity, high blood pressure and elevated cholesterol—each of which puts your child at risk of heart disease.
- **Social skills.** Many students in middle school socialize with friends on social media. However, face-to-face interaction is necessary, too. Keep in mind that your child needs to spend screen-free "real life" time with friends and family.

Source: T. Bahrapour, "Teens who spend less time in front of screens are happier—up to a point, new research shows," *The Washington Post*.

Unstructured time provides opportunities for family fun

With school out for the summer, children will likely have more unstructured time. Help your child make the most of this time by using it for fun activities together:

- **Get active.** Take advantage of the long, warm evenings. If you and your child both like a physical activity, such as biking, do it together. Or, just walk and enjoy each other's company—as well as the conversation that happens more naturally at these times.
- **Celebrate the weekend.** Encourage your child to make a list of low-cost activities you can do together. Then, schedule time to do them.
- **Plant a summer garden.** Involve your child in the planning, planting, watering and harvesting.



- **Make memories.** Take photos to record your summer. Spend an evening together writing captions, making a slide show or putting the photos in an album.

Offer your middle schooler purposeful writing activities



Summer vacation is a good time to help your middle schooler learn two important things about writing. First, writing has a purpose. It is not something teachers make up to torture their students! Second, writing can be a lot of fun, especially when it's about an interesting topic.

Encourage your child to write:

- **A review of a book.** This is different from a book report. Reviews should focus on whether your child liked the book, why or why not, and whether your child would recommend it to others.
- **Trivia questions** about a favorite sport or topic of interest. This is a wonderful way to show what an "expert" your child is.
- **A letter to the editor,** or an online review for a company. Offering feedback, whether it is positive or negative, is a common purpose for writing. Have your child share feedback about something.
- **A letter**—on paper. Have your child make Grandma's day, or that of another relative or family friend.
- **Fan fiction.** Your child can choose favorite characters from any kind of media and then put them in a brand new story.